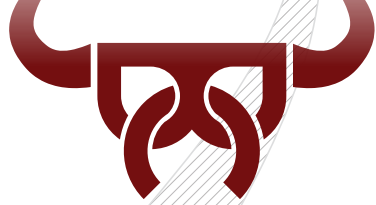


THE BOUNTIFUL COW



STARTERS

RILLETTES OF DUCK with toast	7.90
SEPHARDIC PATE: chicken liver, onion, eggs and aubergine, with toast	7.80
MOZZARELLA, TOMATO, SALAD	7.00
GARLIC FRIED PRAWNS with toast	7.50
SMOKED SALMON with buttered bread, lemon	7.80
GOAT TOAST: a spread of goat cheese, buttermilk and garlic on toast	7.50

BOUNTY BURGER

14OZ/395G (LARGE): course ground beef with lettuce, tomato, onion and gherkin on a bun served with chips. No extra charge for one topping of melted cheddar, bacon, blue cheese, bacon or egg	14.50
BABY BOUNTY BURGER 9OZ/255G (REGULAR): with one topping as above	10.50

STEAKS

RUMP 14OZ/400G with chips	20.00	FILLET 10OZ/280GR with sautéed field mushrooms in butter and focaccia	28.00
RIBEYE 11OZ/310G with chips	23.50	STEAK TARTARE: chopped raw fillet, egg, onion and anchovy with toast	16.00
SIRLOIN 11OZ/310G with chips	23.00	SURF 'N' TURF FOR TWO: sirloin and rump steak, prawns, onion rings and chips	50.00
T BONE 14OZ/400G with chips	27.00		

ALL OUR STEAKS ARE COOKED TO ORDER SERVED WITH YOUR CHOICE OF PEPPERCORN, BEARNAISE, CHIMICHURRI SAUCE OR A LA CAPRICORN (WITH MELTED GOAT'S CHEESE ON TOP).

THE REST

STEAK SANDWICH with onion, tomatoes, salad and chips	13.50	CHICKEN CAESAR SALAD: hand-chopped romaine tossed in house Caesar dressing with croutons and shaved parmesan	12.00
GRILLED RICHARD CHICKEN with creamy mashed potatoes	13.50	CLUB SANDWICH: three-decker chicken, pancetta, cheddar cheese, lettuce, tomato, white toast and chips	11.00
RUMP OF LAMB with sautéed potatoes	17.00	WELSH WIZARD RAREBIT: Guinness, Worcester sauce, cheddar melted on toasted ciabatta with salad	8.50
PRIME RIB BEEF HASH with fried egg	17.50	GREEK SALAD: tomatoes, red onion, olives, cucumber, feta cheese, oregano	10.50
CHARGRILLED SEA BASS FILLETS on crushed fennel seeds with creamy mashed potatoes	15.50	CHEESE AND CHARCUTERIE BOARD	13.50
NAPOLI SAUSAGES with creamy mashed potatoes	13.50		
BRUSCHETTA with Guacamole and Artichoke Hearts	11.50		

EXTRAS/SIDES

SAUTEED POTATOES	4.50
CREAMED SPINACH	4.50
CHIPS	4.50
ONION RINGS	4.50
MASHED POTATOES	4.50
FIELD MUSHROOMS	5.50
GREEN SALAD	4.50
TOMATO AND ONION SALAD	4.50
MIXED OLIVES	3.80
MIXED BREADS	3.50

EXTRA STEAK SAUCE/ BURGERTOPPINGS

cheddar cheese, bacon, blue cheese or egg
2.20

AFTERWARDS

CHEESE BOARD	10.50
CREME BRULEE	6.50
BELGIAN APPLE TART	7.50
POSH ICE CREAM: [please enquire about the flavours]	6.50

We cannot guarantee the absence of nuts or other allergens. Please advise a member of our team if you have a particular dietary requirement.